Clean Hands Save Lives
Hygienic Hand Sanitation Protocol

Your 5 Moments for Hand Hygiene – Farm Animals

1. Before touching the patient
   - When? Clean hands before touching the patient.
   - Why? To protect the patient against harmful germs you carried on your hands.
   - Examples: Clinical examination, handling patient, restraining patient, etc.

2. Before a clean / aseptic procedure
   - When? Clean hands immediately before and after an aseptic task.
   - Why? To protect the patient against harmful germs, including patients own, from entering its body.
   - Examples: Blood sampling, IV catheter manipulation, intra-articular joint treatment, medication administration, catheter placement, wound care, etc.

3. After body fluid exposure
   - When? Clean your hands immediately after exposure risk to body fluids and after glove removal.
   - Why? To protect yourself and the health-care environment from harmful patient germs.
   - Examples: After contact with any body fluid like urine, blood, nasal discharge, saliva, faeces, etc.

4. After touching a patient
   - When? Clean hands after touching a patient and its immediate surroundings, when leaving the patient’s side.
   - Why? To protect yourself and the health-care environment from harmful patient germs.
   - Examples: After clinical exams, after bandage changes, grooming, etc.

5. After touching the patient’s surroundings
   - When? Clean your hands after touching any object or furniture in the patient surroundings when leaving even if the patient has not been touched.
   - Why? To protect yourself and the health-care environment from harmful patient germs.
   - Examples: When leaving the exam room, stable area or the hospital.

The steps on how to clean your hands

- Waterless rubs are your preferred way of sanitising your hands.
- A 30–60 second application of the rub* according to the above technique is necessary.
- Use water and soap for 40–60 seconds only when hands are visibly soiled.

* Depending on the formulation of the product used (refer to manufacturer recommendations). Use products that have passed the prEN1500 norm or similar.

www.veterinaryhandhygiene.org