

Social media is filled with kids jumping around in pajamas, balanced on the backs of smiling celebrities during afternoon yoga, or displaying silly antics. Of course, by kids we mean baby goats!

June is the time to celebrate all things goat since it is officially National Dairy Goat Awareness Week and is observed from the second Saturday in June to the third Saturday.

Dairy is more than cows. In fact, the dairy industry includes cow, goat, sheep, buffalo, and camel milk and their products. With the growth of the locavore movement of eating locally grown and sourced food, you might be surprised to find a dairy goat farm near you!

<<Insert a paragraph about your farm.>>

Goat milk is the most enjoyed beverage the world over due to shifting food preferences and income. With the changing United States demographics, it is becoming more popular and available. The U.S. Department of Agriculture cites a 57 percent growth in the dairy goat industry since 2009 due to increase demand for goat milk products, including milk, cheese, and soap. Each state has different dairy laws, so be sure to purchase from retail or state-licensed, inspected and certified operations.

The components of goat milk have been shown to be the most compatible to human milk, making it more easily tolerated than other types of natural milk. The fat globules in goat milk are smaller, keeping them suspended longer and making it appear naturally homogenized for easy digestibility. It has no added starches, gums, proteins or sweeteners for an all-natural, wholesome and nutritious product. Plus, you don't have to worry about settling of added ingredients.

Another additional benefit to goat ownership is the environmental impact. Goats control weeds, prevent fires, and mitigate climate change effects while maintaining the biodiversity of the landscape.

So, celebrate in June with goat milk, whether that is with a luxurious bar of soap, a French-style award winning cheese, or a tall glass of cold goat milk.

For more information contact <<PUT YOUR LOCAL FARM INFO>> and visit the American Dairy Goat Association website at www.adga.org.

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